























# Student Support Services

## MATH 382 | Rebecca Borowski

If you find yourself in need of any of these support services, you are welcome to reach out to me. As your instructor, I can be a first point of contact to help you find the campus-based resources you may need. Please be aware, however, that under Title IX **I am designated as a responsible employee and am required to report sex discrimination, including sexual violence that I learn about, to the Title IX Coordinator.**

- The Office of Student Life is one place to turn if you are experiencing hardship. They can help you with a hardship withdrawal from your courses and/or can help with food assistance and temporary housing. Email them at [student.life@wwu.edu](mailto:student.life@wwu.edu) (<mailto:student.life@wwu.edu>) or visit their webpage: <https://osl.wwu.edu/>  (<https://osl.wwu.edu/>)
- You can also find a wealth of resources (including for food and housing insecurity) via Western's Basic Needs Hub: <https://basicneeds.wwu.edu/>  (<https://basicneeds.wwu.edu/>)
- In the case of a **medical concern** or question, please contact the Health Center: 650-3400 or <https://studenthealth.wwu.edu/>  (<https://studenthealth.wwu.edu/>)
- In the case of an **emotional or psychological concern** or question, please contact the Counseling Center: 650-3164 or <https://cwc.wwu.edu/>  (<https://cwc.wwu.edu/>)
- If you or someone you know is at risk of suicide, please contact the National Suicide Prevention Hotline: 1-800-273-8255 or text the HOME to the Crisis Text Line: 741741. More suicide prevention resources can be found at <https://cwc.wwu.edu/suicide-prevention>  (<https://cwc.wwu.edu/suicide-prevention>). You may also find these other numbers helpful:
  - Veterans Crisis Line: Dial 988 then press 1 or text 838255.
  - Native and Strong Lifeline: Dial 988 then press 4.
  - Nacional Prevencion del Suicidio: 988 (call or text)
  - Trevor Project (LGBTQ+): 1-866-488-7386
  - Trans Lifeline: 1-877-565-8860
  - Community Crisis Line (local to Whatcom and surrounding counties): 1-800-584-3578
- In the case of a **family or personal crisis** or emergency, please contact the Office of Student Life: 650-3706 or <https://osl.wwu.edu/>  (<https://osl.wwu.edu/>). If you are experiencing a crisis, they will help to arrange a temporary leave of absence or a hardship withdrawal, and they can also help consult on the possibility of taking an incomplete (K) grade for a course.
- Information about the university's **COVID-19 response** as well as updates and resources can be found at <https://studenthealth.wwu.edu/covid-19-information>  (<https://studenthealth.wwu.edu/covid-19-information>)
- If you have a disability, reach out to the **Disability Access Center** for support and resources: 650-3083 or <https://disability.wwu.edu/>  (<https://disability.wwu.edu/>)
- LGBTQ+ Western's mission is to help LBGTQ+ students, staff, and faculty thrive. They provide a number of services, including peer support and mentorship, affinity centered programs, events, and support for gender affirming care and legal name changes. Find them here: <https://lgbtq.wwu.edu/about>  (<https://lgbtq.wwu.edu/about>)
- The Financial Aid Department also provides a number of services, including help filing with your FAFSA and resources for food and housing insecurity. Call 360-650-3470 or visit them here: <https://financialaid.wwu.edu/>  (<https://financialaid.wwu.edu/>)

- If you need **assistance with technology** (including getting access to devices and internet), contact the Academic Technology and User Services (ATUS) Help Desk at 650-3333 or <https://atus.wvu.edu/help-desk>  (<https://atus.wvu.edu/help-desk>).
- If you are a survivor of **gender-based violence or harassment**, including sexual harassment sexual violence, the following resources are available for you to get help and/or report an incident:
  - Survivor Advocacy Services provides **confidential** support. Start here if you are unsure if you want your incident to be reported: <https://cwc.wvu.edu/survivorservices>  (<https://cwc.wvu.edu/survivorservices>).
  - WWU Civil Rights and Title IX Compliance: <https://crtc.wvu.edu/>  (<https://crtc.wvu.edu/>)
  - Sexual Harassment and Sexual Violence: <https://crtc.wvu.edu/compliance/sexual-violence>  (<https://crtc.wvu.edu/compliance/sexual-violence>)
  - Domestic Violence and Sexual Assault Services: <https://www.dvsas.org/>  (<https://www.dvsas.org/>)
  - WWU Students Against Harassment & Sexual Assault (SASHA): <https://wwwuagainsta.wixsite.com/wwuagainsta>  (<https://wwwuagainsta.wixsite.com/wwuagainsta>)
  - For local 24-hour support, call the helpline: 1-877-715-1563.
  - Lummi Victims of Crime: 360-312-2015
  - National Domestic Violence Hotline: 1-800-799-7233
  - RAINN National Sexual Assault Hotline: 1-800-656-4679
  - National Deaf Domestic Violence Hotline: 1-855-812-1001
  - Speak to a peer advocate by calling 1-866-331-9474 or by texting LOVEIS to 22522.
- The Civil Rights and Title IX Compliance Office offers a number of services for students who have been affected by **discriminatory behavior or activities**. An overview of their services can be found here: <https://crtc.wvu.edu/services>  (<https://crtc.wvu.edu/services>)
- The National Alliance on Mental Illness (NAMI) has a number of online support groups you can join. Read more about them here: <https://www.nami.org/Support-Education/Support-Groups>  (<https://www.nami.org/Support-Education/Support-Groups>). NAMI also has a local affiliate in Whatcom County (<https://www.namiwhatcom.org/>  (<https://www.namiwhatcom.org/>)) and a NAMI Seattle has a number of Black, Indigenous, and People of Color Mental Health Resources you can read more about here: <https://namiseattle.org/bipoc-mental-health-resources/>  (<https://namiseattle.org/bipoc-mental-health-resources/>)
- **Diversity, Equity, and Inclusion:** The College of Science and Engineering has appointed **Community Ambassadors** - a cohort of faculty from each department who are involved in creating a more equitable community through existing and/or new initiatives. Each Community Ambassador has regular community hours - regular times where they can listen to concerns, guide people to resources, and/or brainstorm with faculty, staff, and students in the College of Science and Engineering. Our Mathematics Department Community Ambassador is Dr. Yuan Pei. You can reach him at [peiy@wvu.edu](mailto:peiy@wvu.edu) (<mailto:peiy@wvu.edu>). You can see the other Community Ambassadors, their office hours, and contact information at this website: <https://cse.wvu.edu/faculty-ambassadors>  (<https://cse.wvu.edu/faculty-ambassadors>)
- **Support for Asian Americans and Pacific Islanders:** In the wake of the horrific videos of violence against Asian Americans and the mass shooting in Atlanta that claimed the lives of women who were targeted and fetishized, our WWU STEM Community Ambassadors have put together a list of resources for those who may be experiencing a heightened level of fear and anxiety. There are also resources on this document for how those of us who are not AAPI can support the AAPI community, through donations and other actions. Please take a look at these resources: [AAPI Resources Sp2021.pdf](https://www.instructure.com/courses/1766459/files/133193061?wrap=1) (<https://www.instructure.com/courses/1766459/files/133193061?wrap=1>)  ([https://www.instructure.com/courses/1766459/files/133193061/download?download\\_frd=1](https://www.instructure.com/courses/1766459/files/133193061/download?download_frd=1)) .